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5Strands® Affordable Pet Testing Case Study Outline

We appreciate your feedback regarding your experience with 5Strands® Affordable Pet Testing! Please also provide a before and after photo of your pet! We understand that by providing this information you are granting permission for us to share your story on 5Strands® Affordable Testing's websites, social media and in marketing materials.

Pet's Name: Watson 4-14-17

Pet's Breed & Sex: Labrador Male

Describe condition of pet and/or symptoms before using *Affordable Testing*.

Watson was incredible grumpy, but only sometimes! he would bark at everything, snap at some dogs, and certain "triggers" but again only on some days. Other days he would be amazing! He had mucus in his stools approximately every tenth stool -from a tiny amount to a lot, this started at a very young age and we had veterinary care right from the start of course, he has been on probiotics as well as a number of medications. He has had a number of tests done to rule out worms and parasites as well - they all came back negative.

I have told my vet a number of times I thought Watson had stomach aches but was assured that animals do not get stomach aches -he did think he had allergies and was put on a grain free diet, this helped a little with his behavior, not with his stool. He recommended that we put him on a single grain and a single protein. I was seriously thinking about doing this when we had the opportunity to do this test. Watson also licked his legs constantly, rubbed his ears with his paws, and the worst aesthetically was he has droopy eyes and extremely runny eyes.

What type of food was your pet eating prior to testing (i.e. kibble, raw, frozen, freeze dried, etc.)?

Watson was on a kibble diet for 2 years prior to taking the test.

Describe the results of *Affordable Testing* (i.e. number and/or examples of items reported as intolerances, insight gained, etc.).

I was shocked when the results came back showing he was predominately allergic to environmental allergies! But there was also a couple proteins, one that he has been getting almost daily the entire time he has been with me, and oddly a fruit I have given his almost daily as well! As well as a common ingredient in kibble.

There was far less than I was expecting personally, but, they are very common -so they are in everything.

What elimination plan did you implement (i.e. foods eliminated and/or changes in environment, timeframe, etc.)?

I changed his treats and canned food right way -that night, but his kibble I changed over two weeks. I noticed a changed within two days.

Describe condition of pet and/or symptoms after the elimination plan.

He stopped having mucus in his stool right away! He for the most part stopped licking once he got to 1/3 of the kibble ration. The behavior got better within days -if you have no stomach ache, you behave so much better!

One interesting thing, if he gets into something or someone feeds him something they should not he will start to lick his legs within 15 minutes! His eyes are for the most part clear, if we walk in long grass he can be a bit goopy for that day, but that is now expected and I do not worry as much. I know to go to the beach when our huge Spruce trees are in pollen now, instead of hiking in the Forrest, that will be wonderful for him. I cook my own treats for the most part, and they cost less then the grain free treats I used to buy that were making him not feel well! I am hoping to start cooking him his food to once I have figured out how. It will be healthier than his current kibble/canned diet and cheaper as well.

What is your impression of the *Affordable Testing* process and results of the elimination plan (i.e. length of time to receive results, quality of customer service, value of information gained, etc.)?

I am so glad that I have found Affordable Pet Testing, they have changed Watson for the better -and he was one incredible lab to start with! I recommend anyone who thinks that their best friend does not feel well, because of allergies thinks about doing this, it is one easy way to help, and honestly so much cheaper than all the vet visits.

If you do it, go at it whole heartedly, give it your all for the six weeks or two months that they recommend and see if you get the changes that I did. I am so grateful to have a happy healthy bestie to hang out with, and with some fairly easy changes on my part.

The customer service I received both via phone and via e-mail was amazing -they truly want this to work for you and your pet.